



Post-Treatment Instructions for **Bone Grafting**

There are a few more things to consider if you had a graft placed after a tooth was removed.

What to Expect:

- Minor oozing is normal for the first 24 hours.
- We over pack the socket site with graft materials. It is normal for a few parts of the graft to fall out. Do not be alarmed.
- 4 – 8 stitches will be placed on top of a gel-like material to hold everything in place. These will not all come out on their own. A 2-week follow-up visit is necessary for their removal and to ensure healing is effective.
- It is normal to experience some swelling. Swelling is usually worst 2 – 4 days after surgery, and with the graft in place, it can persist longer.
- We will prescribe you an antibiotic to take to protect you from infection. Please contact us if you don't receive it within 24 hours of your surgery.

When Will I Get My Implant?

- Your body recognizes the graft as a foreign but familiar material. Immediately after it is placed, your body will use the graft as a basis for placing its own bone. The bone is usually solid enough to place an implant after it has been remodeling for 3 months.
- In 3 months, a 3D scan will be taken of the extraction site. We will decide which implant to place based on the amount of bone. The implant surgery can then be scheduled after this 3-month follow-up visit.
- After the implant is placed, it will need to fuse to the bone. This will take another 3 months. (*You can't rush Mother Nature!*)
- The implant will then be exposed, and a healing abutment will be placed to allow the gum tissue to heal favorably.
- After 3 more weeks, the impression is taken for the final crown and post. Once the impression returns from the lab, your new crown is (finally!) ready. It will be ready for insertion 2 weeks later.

**If you need answers beyond what this handout can provide you,
call or text the office at (585) 360-0202. Get well soon!**